

# KNOW YOUR HAZARDOUS TRAIL PLANTS



## WILD PARSNIP

- 2-year plant growing in a rosette the first year and with yellow flowers in umbels the second year
- Leaves similar to those of celery
- Up to 5 feet tall

## POISON IVY

- Bush, vine, or single plant
- 3 leaves, pointed, with smooth to ragged edges (never completely toothed)
- Waxy or shiny leaves, with middle leaf on a longer stem
- May have white berries



## PROTECT YOURSELF!

- Poison ivy produces an oil that is most concentrated in the spring and summer months.
- This oil causes a rash within 12-24 hours, which may last for weeks.

- Wild parsnip juice that gets on your skin from cut or broken leaves or stems will react with sunlight, causing a burn.
- This burn will appear 24-48 hours after exposure and can cause blisters and skin discoloration. The skin discoloration can be seen for years!